

Evansville School
Corporation

CASE STUDY



School System gets an *A+* for Member Health and Savings.

Largest school district in the state of Indiana, establishes onsite clinic through Ascension and partners with Vital Incite to improve member health and achieve significant health plan savings.



SITUATION

A large school district with over 5,500 members on their benefits plan was facing escalating health insurance and pharmacy plan costs.

Rising healthcare costs were being driven by a high-risk population with a rise in chronic conditions. This was compounded by the district being located in an area with an exceptionally high cost of care.

STRATEGIES

Onsite Clinic Focused on Lifestyle Medicine

In 2018, the school district made a strategic decision to invest in an onsite clinic to **lower the cost of care, improve the health of their members, and contain rising healthcare costs.** The clinic practices lifestyle medicine by encouraging members to make healthy choices that will impact and improve overall health and control of chronic conditions.

Data-driven Approach to Improving Health

The clinic partnered with Vital Incite to take a data-driven approach to improving employee health and lowering medical costs. **The clinic leverages data through Vital Incite reports and the VI Clinical Strategy App, enabling them to generate lists of the most vulnerable populations and identify chronic conditions.** Based on the data, clinicians can take a more targeted approach to clinic outreach and steer members to services that have a lasting impact on their health and wellbeing.

RESULTS

Since integrating onsite clinical services with Vital Incite data, the results have been exceptional:

Cost Per Unit Risk

The Cost Per Unit Risk (CPUR) for the total population has decreased to almost \$1,000 below average.

Plan Costs

The client has seen a 0% increase in plan costs since 2021.

Chronic Conditions

The clinic has had a positive impact on chronic conditions and biometric control, including improvements in diabetes and diabetic testing and hypertension rates and medications.

Preventative Care

Early care screenings are critical for this high risk group. Since the clinic's inception, physical exam compliance has increased 15% and mammogram compliance has increased 24%.

RESULTS

0%

Annual Plan Cost Increase
Compared to 7.5% average

32%

Diabetic Improvement
Compared to 14% average

42%

Hypertension Improvement
Compared to 31% average

The CPUR for clinic participants is \$3,960, compared to the average of \$4,851 of non participants.

This data-driven approach to onsite healthcare is a winning combination. The clinic has an 88% year-over-year retention rate for members, delivering a long-term impact on employee health and savings.



VITAL**incite**

making health an asset